## גַר יֶהוָה נִשְׁמַת אָדֶם חֹפֵׁשׂ כָּל־חַדְרֵי־בֶטֶן



## גַר יֶהוָה נִשְׁמַת אָדֶם חֹפֵׁשׂ כָּל־חַדְרֵי־בֶטֶן

## On the sixth night of Hanukkah, treat yourself and loved Ones to an hour of glowing, sacred sound-healing bliss!

What to expect? You will lie down in a comfortable location in your own home, by the glow of candlelight, and allow Cantor Shayndel's soothing chanting of the Hebrew: 'Ner Havayah, nishmat adam hovays kol hadrey vaten,' 'My soul is the flame of G-d, that searches the inner chambers' (by R'Shefa Gold) to bring you warmth and light during the darkest time of the year.

The chant will flow in and out of waves of Himalayan singing bowl vibrations and other healing instruments. December 15, 2020 6:00pm PST

Click here for Zoom link

Meeting ID: 876 1990 8892 Passcode: 071564

One tap mobile +16699009128,,87619908892# US (San Jose) +12532158782,,87619908892# US (Tacoma)