

# Support Services Referral List

## Support Services (Financial and Otherwise)

- **COVID-19 Related Loans.** San Francisco's Hebrew Free Loan Association just launched lending programs offering up to \$10,000 in interest-free borrowing to individuals and small businesses for pandemic-related needs. [Click here](#) for more information. You can also call (415) 546-9902 x110 or e-mail [info@hflasf.org](mailto:info@hflasf.org).
- **Food for Students.** The WCCUSD is providing free food for all children under 18 (not limited to public school children.) [Click here for a list of sites.](#)
- **Emotional and Other Support.** Jewish Family & Children's Services (JFCS) is offering a wide variety of free services including:
  - Food banks and home-delivery of groceries/supplies
  - Counseling, consultation, and advice services available by phone, video conference (including help for children and parents coping with the crisis.)
  - Senior services
  - Blog posts on: [Supporting Our Children in Difficult Times](#) and Tips on How to [Help Kids Feel Safe and Manage Stress](#)
  - For JFCS East Bay assistance, call (510) 704-7475
- **United Way 211** a comprehensive information and referral service for social services in the Bay Area

## Employee/Employer Rights in California

*If your employment has been impacted, visit the [Labor & Workforce Development Agency website](#) to review your benefits.*

- If you lost your job or had reduced hours for reasons related to COVID-19 you may qualify for unemployment insurance. [File A Claim Here](#)
- If you are unable to work due to medical quarantine or illness related to COVID-19 (certified by a medical professional) you may qualify for Disability Insurance. [File a claim here](#)
- If you or a family member are sick or for preventative care when civil authorities recommend quarantine you may qualify for paid sick leave. [File a Claim Here](#)
- If you are unable to work because you are caring for an ill or quarantined family member with COVID-19 (certified by a medical professional) you may qualify for Paid Family Leave. [File A Claim Here](#)
- Employers experiencing a slowdown in their businesses or services as a result of the coronavirus impact on the economy may apply for the [UI Work Sharing Program](#).